

# **News and Information**

Date: 1st December 2023



We have so much news to share that I have added in an extra whole school newsletter this month to share some of the children's achievements. We wanted to share with you some of the work we completed for Black History month, some thank you messages from some of the charities we have been supporting this term and also some information on attendance. In December, we will then have our safeguarding newsletter with some information to support you ahead of the Christmas Holidays.

We will also be sharing our countdown to Christmas Story videos with members of staff sharing a Christmas Story for you and your child to watch and enjoy. We will share the links for these on ParentMail each day so keep a look out!

Ms Martin

Headteacher

## December:

Tuesday 5th—FOBS Christmas Carols 3:30—4:30pm—School Hall.

Wednesday 6th—9am Nursery and Reception Classes Nativity Performance.

Thursday 7th—Children's Christmas Pantomime in School.

Friday 8th—Senior Citizens Christmas Treat

Monday 11th—Year 3 Parents Music Showcase Performance

Tuesday 12th—Hot Christmas Lunch

Wednesday 13th—FOBS Christmas Discos EYFS+KS1 3:15—4:15. KS2 4:40—5:30

Friday 15th—Year 5 Christmas Production to parents

Monday 18th—Christmas Party Day—Children invited to wear Christmas Jumpers

Tuesday 19th—Children's Christingle Services

Tuesday 19th—School closes at 1pm.

## January:

Thursday 4th—School Reopens

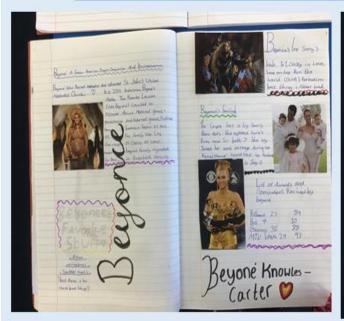
Thursday 4th and Friday 5th—Urban Strides Dance session for each year group.

Tuesday 16th—Year 3 Trip to Natural History Museum

Wednesday 17th—Reception Parent Workshop—Mastery Number

Monday 22nd—Reception and Year 6 School Nurse Height and Weight checks.

# WC 16th October 2023 Diversity week - Black History





This year we explored our cultural diversity through 'Black History Month'.

The theme this year was 'celebrating sisters' and the amazing achievements and contributions of black women throughout history.

The inspirational women we chose to focus on this year were: Beyonce, Alex Scott, Rosa Parks, Harriet Tubman, Floella Benjamin (and the Windrush generation) and Mary Seacole.

Afternoon sessions were dedicated to finding out about these amazing women and their incredible contribution to history and the children took part in a range of activities from roleplay and retelling of stories, to art, dance as well as time to discuss and reflect on the hardships suffered and the bravery demonstrated.



# EVERY SCHOOL DAY COUNTS

Don't miss out on the education you deserve.

365 DAYS IN A CALENDAR YEAR

175 NON-SCHOOL DAYS A YEAR

There are 175 non-school days during the year to spend on family time, visits, holidays, shopping, household jobs and other appointments. Days off school add up to lost learning.

190 SCHOOL DAYS IN EACH YEAR (0 days absence)

> 190 days for your education

100%

180 DAYS OF EDUCATION

> 10 days absence

Over 50 hours of lost learning 171 DAYS OF EDUCATION

19 days

95 hours of lost learning

90%

(Half a term missed)

161 DAYS OF EDUCATION

29 days absence (half a term) 142.5 hours of lost learning

85%

152 DAYS OF EDUCATION

38 days absence 190 hours of lost learning

80% Attendance 143 DAYS OF EDUCATION

47 days absence 235 hours of lost learning

75%

GOOD

Best chance of success.

Gets you off to a flying start.

WELL DONE!

WORRYING

POOR ATTENDANCE.

Less chance of success. Makes
it harder to make progress.

CONCERNING!

SERIOUS CONCERN

VERY POOR ATTENDANCE. Serious impact on education and reduces life chances! EXTREMELY CONCERNING!

Good attendance means being in school at least 94% of the time or 180-190 days.

Did you know? A two week holiday in term time means that the highest attendance you can achieve is 94.5%.

As we approach the colder months, we know that there are more illnesses around.

However, in most cases, children are still able to attend school. If your child was really ill and looked liked they were struggling in the day, then as a school we would ring you and send your child home for the rest of the day. As you can see from the previous image, missed schooling has a huge impact on children's progress academically, social interactions and on their own mental health and wellbeing.

# TOO ILL FOR SCHOOL?

## GHDANCE ON ILLNESS AND SCHOOL ATTENDANCE

Sore throat

Vomiting and

### Why is school so important?

School is a place where you can see your friends and make new ones, which is beneficial for your social and emotional health. School challenges you to think critically. Teamwork is another big deal; whether you're in sports or group projects, you learn how to collaborate and lead. School also esposes you to different cultures and viewpoints, making you more open-minded and socially aware. And let's not forget, it helps you develop a moral compass understanding what's appropriate and what's not in terms of ethics and behaviour. So, school isn't just a chore; it's actually shaping you into a well-rounded individual.

#### Letter to school leaders on mild illness and school attendance

Published September 5" 2023 - Department of Education

There is wide agreement among health professionals and educational professionals that school attendance is vital to the life chances of children and young people. Being in school improves health, wellbeing and socialisation throughout the life course. The greatest benefits come from children and young people attending school regularly.

It is usually appropriate for parents and carers to send their children to school with mild respiratory illnesses. This would include general cold symptoms: a minor cough, runny nose or sore throat. However, children should not be sent to school if they have a temperature of 38 °C or above. We would encourage you to share the NHS 's my child too ill for school?' guidance with parents and carers in your schools and communities which has further information.

In addition to respiratory illnesses, we are aware that more children may be absent from school due to symptoms of anxiety than before the pandemic. Worry and mild or moderate anxiety, whilst sometimes difficult emotions, can be a normal part of growing up for many children and young people. Being in school can often help alleviate the underlying issues. A prolonged period of absence is likely to heighten a child's anxiety about attending in the future, rather than reduce it. DIE has published useful guidance on mental health issues affecting a pupil's attendance and those who are experiencing persistent symptoms can be encouraged to access additional support.

As we head into winter, encouraging high uptake of seasonal flu vaccination and routine immunisations for eligible children and young people will help to reduce absences and the disruption they cause.

#### Sources

gov.uk/government/publications/letter-to-schoolleaders-on-mild-illness-and-school-attendance

mhs.uk/live-well/is-my-child-too-ill-for-school:



Coughs and colds	It's fine to attend school with a minor cough or common cold. But if you have a
	fever, stay off school until the fever goes.
	Throw away any used tissues and to wash your hands regularly.
High temperature	If you have a high temperature, stay off school until it goes away.
Chickenpox	If you have chickenpox, stay off school until all the spots have crusted over.
	This is usually about 5 days after the spots first appeared.
Cold sores	There's no need to stay off school if you have a cold sore.
	Try not to touch the blister or kiss anyone while you have the cold sore, or share
	things like cups and towels.
Conjunctivitis	You don't need to stay off school with conjunctivitis.
	Do get advice from your pharmacist.
	Try not to rub your eyes and to wash your hands regularly.
COVID-19	if you have symptoms, such as a runny nose, sore throat, or slight cough, and
	feels well enough, you can go to school.
	You should try to stay at home and avoid contact with other people if you have
	symptoms of COVID-19 and they either:
	have a high temperature
	do not feel well enough to go to school or do your normal activities
Ear infection	If you have an ear infection and a high temperature or severe earache, stay off
	school until you're feeling better or your high temperature goes away.
	If you have hand, foot and mouth disease but feel well enough to go to school.
Hand, foot and	there's no need to stay off.
mouth disease	Throw away any used tissues straight away and to wash your hands regularly.
Head lice and nits	There's no need to stay off school if you have head lice.  You can treat head lice and nits without seeing a GP
	Distriction of the second distriction of the second
Impetigo	If you have impetigo, you will need treatment from a GP, often with antibiotics. Stay off school until all the sores have crusted over and healed, or for 48 hours
	after you start antibiotic treatment.
	Wash your hands regularly and not to share things like towels and cups with
	other children at school.
	If you have ringworm, see your pharmacist unless it's on your scalp, in which
Ringworm	case you should see a GP.
	It's fine to go to school once you have started treatment.
Scarlet fever	If you have scarlet fever, you'll need treatment with antibiotics from a GP.
	Otherwise you will be infectious for 2 to 3 weeks.
	You can go back to school 24 hours after starting antibiotics.
Slapped cheek	You don't need to stay off school if you have slapped cheek syndrome because, once the rash appears, you're no longer infectious.
syndrome (fifth	
disease)	But let the school or teacher know if you think you have slapped cheek

You can attend school if you have a sore throat. But if you also have a high

If you are suffering with diarrhoea or vomiting stay away from school until you

temperature, then you should stay at home until it goes away.

A sore throat and a high temperature can be symptoms of tonsiflitis. You don't need to stay off school if you have threadworms. Speak to your pharmacist, who can recommend a treatment.

have not been sick or had diarrhoea for at least 2 days (48 hours).



On behalf of the 'Bridge The Gap', I am writing to thank you for the generous food donation that we have received and for your interest in, and support for, this important work.

These are difficult times for everyone with the lasting pressures from the pandemic, compounding existing challenges of family support and finances and the health, social and housing needs experienced by so many. As well as the cost of living crisis adding to this.

At Bridge The Gap we are particularly aware of the very real and pressing needs of individuals and families in and around Aylesbury. In a typical week we help between 150 to 200 people, reflecting a wide range of circumstances. We see no sign of those numbers reducing.

Working closely with The Trussell Trust, and helped by much valued support such as yours, the dedicated team of Bridge The Gap volunteers have worked to provide a lifeline for those in need. We know how much this is appreciated. Our aim is, quite simply and literally, to 'bridge the gap' - to make a difference between hunger and health, hardship and hope.

Quality food and balanced nutritional support are vital for everyone's strength and survival. But they also make a massive difference to the personal and mental well being of individuals and families who may be under particular pressure. Wherever possible we aim to reach out to Foodbank visitors in a way that goes beyond day-to-day essentials and makes them feel valued and special. For example, this Christmas - as last year - we will be distributing donated games, books and toys, as well as other Christmas gifts. For Mother's Day we produced a specially designed card of appreciation, while at Easter we were able to offer personal gifts of toiletries and cosmetics for adults and Easter eggs for children.

With the continued uncertainties of the present time, our ambition is to maintain a supportive lifeline for those who are in the greatest need, at what may be one of the most challenging times in their lives. Your generous and welcome donations make this possible! Thank you again for standing with us ... and for standing alongside all those who - together - we care for in this community.

With all good wishes, Hannah Lowe and the Bridge The Gap Team A huge thank you to everyone of our families and members of the school community who have given generously to the Bridge the Gap, Children in Need and Poppy Appeal over this last term.

# Thank you

