



# Weekly Notices

Date: 2nd October 2020



## Reminders for Next Week:

**Monday 5th October**—Individual School Photos. All children to please wear school uniform to school. If they have Forest School or PE please bring the change of clothes in a bag.

**Wednesday 7th**—Baseline Progress Reports will be sent out via ParentMail at 4pm to update you on how your child has settled in since September and the results of Baseline Assessments.

**Friday 9th October**—Hello Yellow Day—Children can come into school in Yellow. Please see notice below.



## Well Being Top Tip this week:

This month is Optimistic October! Why not try out some of these actions from the Optimistic October Calendar as a family.

**ACTION CALENDAR: OPTIMISTIC OCTOBER 2020**

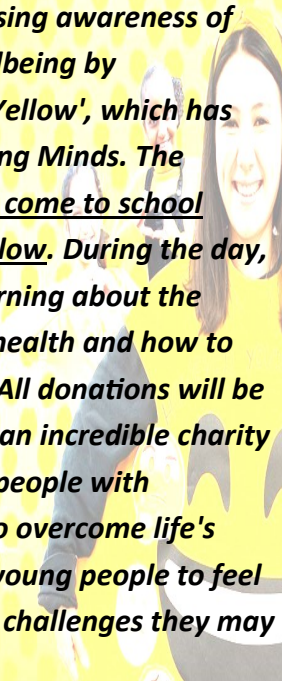
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
"Choose to be optimistic. It feels better" - Dalai Lama						
1 Write down your most important goals for this month	2 Look for reasons to be hopeful even in difficult times	3 Take the first step towards a goal that really matters to you	4 Be a realistic optimist. See life as it is, but focus on what's good	5 Start your day with the most important thing on your list	6 Do something constructive to improve a difficult situation	7 Remember that things can change for the better
8 Make progress on a project or task you have been avoiding	9 Avoid blaming yourself or others. Just find the best way forward	10 Take time to reflect on what you have achieved this week	11 Focus on a positive change that you want to see in society	12 Look for the good intentions in people around you today	13 Put down your To-Do list and let yourself be spontaneous	14 Do something to overcome an obstacle you are facing
15 Look out for positive news and reasons to be cheerful today	16 Thank yourself for achieving the things you often take for granted	17 Share your most important goals with people you trust	18 Make a list of things that you are looking forward to	19 Set hopeful but realistic goals for the week ahead	20 Find the joy in completing a task you've put off for some time	21 Let go of the expectations of others and focus on what matters
22 Share an inspiring idea with a loved one or colleague	23 Write down 3 specific things that have gone well recently	24 Recognise that you have a choice about what to prioritise	25 Plan a fun or exciting activity to look forward to	26 Start the week by writing down your top priorities & plans	27 Be kind to yourself today. Remember, progress takes time	28 Ask yourself, will this still matter a year from now?
29 Find a new perspective on a problem you face	30 Set a goal that links to your sense of purpose in life	31 Think of 3 things that give you hope for the future				

**ACTION FOR HAPPINESS**

Learn more about this month's theme at [www.actionforhappiness.org/optimistic-october](http://www.actionforhappiness.org/optimistic-october)

Keep Calm · Stay Wise · Be Kind

*As you know, the mental health and wellbeing of our children is incredibly important to us as a school. On Friday 9th October, we will be raising awareness of mental health and wellbeing by participating in 'Hello Yellow', which has been organised by Young Minds. The children can donate £1 come to school wearing something yellow. During the day, the children will be learning about the importance of mental health and how to look after themselves. All donations will be given to Young Minds, an incredible charity which supports young people with developing resilience to overcome life's difficulties and allows young people to feel empowered, whatever challenges they may face in life.*

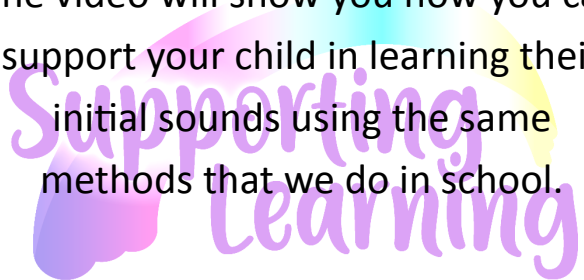


## Parent Coffee Morning—Supporting Learning Videos

This week's video is linked to Phonics Teaching.

<https://youtu.be/3Ntb5BRbchM>

The video will show you how you can support your child in learning their initial sounds using the same methods that we do in school.



## PE Notice

At present, children are able to wear their PE kit into school all day on PE days. Please can we remind everyone of the PE uniform:

- Bierton Blue T-Shirt with logo.
- Plain dark coloured shorts or jogging bottoms.
- Plain dark coloured Jumper or Hoody (no logos).
- Any jewellery or earrings should be removed for health and safety purposes.
- Trainers or Plimsolls

Please can you ensure that children are in the correct PE uniform on their PE days.

Miss Rawlin

PE Leader



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## Parent Survey

We would really like to gather your thoughts and feedback on the processes we have had in place since September. If you have a couple of minutes, please could you answer a few short questions in or to share what you feel we are doing well and what we could continue to improve on.

<https://forms.gle/gJhK27gSD9hEU82j7>

## Absences

We know we are at the time of year where children sometimes do not feel well enough to come to school. **Please can we just remind you to ring in and leave a message on the answer machine stating your child's name, their class and the reason why they won't be in school that day.** You need to do this for each day of their absence please. This saves us trying to ring you to find out why your child is not in school that day.

## Driving to School

It is great to see parents using the turning circle in the morning to drop off. Thank you for having the children ready with their bags when you pull into the turning circle.

We would also like to thank those drivers who have modelled respect to our local neighbours and other cars on the road by carefully considering whether there is space to pull forward or whether it may be better to hold back a minute. Thank you also to those parents who have let neighbours pull off of their driveways in the morning by leaving space. It is much smoother when we all work together.



## Half Term Value Responsibility

A reminder that we are a **NUT FREE zone**. Thank you for ensuring that your children do not have any products with nuts in their school lunch boxes.



It is very much appreciated.



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## Internet Safety Tip

We have seen a rise in issues and disagreements between children relating to the APP TikTok. Whilst the App's official age rating is 13+ we are very aware that several of the children are already using this APP. So we wanted to raise all parents awareness of this APP.

social networking apps and games



## TikTok

TikTok is a social media platform that lets you create, share and discover 60 second videos. You can use music and effects to enhance your videos and you can also browse other people's videos and interact with them.



A great website for parents to look up further information around using TikTok and safety features is NetAware:

<https://www.net-aware.org.uk/networks/tiktok/>

One feature that may be worth looking into is Family Pairing. This lets you link to your child's TikTok Account so you can control:

1. Screen Time Management—How long your child can spend on TikTok each day.
2. Direct Messages—Who can send messages to your child's account or turn off direct messages completely.
3. Restricted Mode—Restrict certain types of content that you think isn't appropriate for your child.

In School we are also looking at what we can put in place to further educate the children in their use of social media and online safety as some children have reported having accounts which are not private or have been filming other children without their permission (Individual parents have been notified when we have become aware of these safety issues).

## *...Keeping Music ALIVE in Schools!*

### **learn to play the DRUMKIT!**

Bierton Combined School are offering 20 minute 1:1 drum kit lessons to beginners. The lessons will start after the autumn half term break.

Children do not need to own a drum kit to get started - just sticks and study material!

For more information on the lessons and to enrol your child and please visit:

[www.drumsinschools.co.uk](http://www.drumsinschools.co.uk)

Enrolment will close on Friday 23<sup>rd</sup> October

### **Weekly 1:1 lessons (23 lessons)**

£270

(£30 pcm November 2020 – July 2021)

### **Bi-Weekly 1:1 lessons (15 lessons)**

£180

(£20 pcm November 2020 – July 2021)

### **ENROL NOW!**

[www.drumsinschools.co.uk](http://www.drumsinschools.co.uk)